Prayer Beads

O1 འདིངངརེད

L1 འདིནིངབརེད

These are prayer beads.

O2 འདིང་ངོ་བོདེདེདདགོ

L2 ཆོས་འདོནསབེདོདེདདགོས

They are used when we chant scriptures.

O3 འདོནཔའིཁངལེནརེསབཀོལདགོ

L3 འདོནཔའིངསཀབངསམཁོགལཆེེདཔེརནམཎིའིངསཀལེནཔ

We then need to count the numbers of scriptures like ma Ni.

O4 བེང་ོགབ"རབ"དངེསཔརཡོདདགོ

L4 བེང་ོགབ"དངབ"དངེསཔརཡོདདགོས

There must be one hundred and eight beads.

O5 བེངས་ནིཞེན

L5 བེངས་ནིཞེནདབདེན

It can’t lack even one bead.
The string is called *phreng thag*.

This biggest one is called *‘don ‘dzud*. It is for starting and ending.

There are also things on the left, right, and in the middle. They are called *grangs* *‘dzin*.

We can put it on our left wrist or put it around our neck, but we shouldn’t wear it on our right wrist.

We hold it in our left hand and count, not in our right hand.